

# 3RD INTERNATIONAL CONFERENCE ISLM 2022 ON LIFESTYLE MEDICINE

Lifestyle Medicine : Redefining Healthcare

## SCIENTIFIC SCHEDULE



Click Here to Register

DATE & TIME :

5TH & 6TH NOVEMBER, 2022

REGISTRATION :

[www.itindustries.live/islm2022/register/register.php](http://www.itindustries.live/islm2022/register/register.php)

VIRTUAL CONFERENCE

Knowledge Partner

ORGANIZING COMMITTEE



Dr Sheela Nambiar  
President ISLM



Dr Anjali Nakra  
Secretary ISLM



Dr Ravi Modali  
Treasurer ISLM



Dr Rabbanie Tariq  
Joint Secretary ISLM



Dr Lakshmi Sundar  
Director, Education &  
Ethics



Dr. Shalini P.  
Director, Information  
Technology,  
Communication,  
Networking & Social Media



Dr Anupama Devdas  
Director Health Policy,  
Programs and Promotions

SCIENTIFIC COMMITTEE



Dr Sheela Nambiar  
Chair Person



Dr Anjali Nakra  
Co- Chairperson



Dr Brij Mohan  
Makkar



Dr Sheela  
Krishnaswamy



Dr Rabbanie Tariq



Dr Ravi Modali



Dr Mrunal Pathak

## CONFERENCE WORKSHOPS

## 4TH NOV 2022 (FRIDAY)



Workshop on  
"Tobacco Cessation & Lifestyle Modifications"  
at  
3rd Annual International Conference of Indian Society  
of Lifestyle Medicine (ISLM) 2022


**4 NOVEMBER | 2:00 PM - 5:30 PM IST**

SCHEDULE	TOPIC	SPEAKER
2.00-2.15 PM	Welcome address and Background of the workshop	 Dr Sheela Nambiar President, ISLM
2.15-2.30 PM	Objectives and expected outcomes of workshop	 Dr Rabbanie Tariq Joint Secretary ISLM
2.30-2.50 PM	Epidemiology of Tobacco and its Effects	 Dr Senu Goel POIMER Chandigarh
2.50-3.05 PM	Role of all HCPs in Tobacco cessation - Lifestyle Medicine Team	 Prof. Sitanshu Kar SIPMER, Puducherry
3.05-3.35 PM	Cigarette and Other Tobacco Control Act (COTPA) and its provisions	 Dr Rakesh Gupta President, SIPMER
3.35-3.55 PM	Tobacco addiction process and identifying the addiction level	 Dr Rana J.S Deputy Regional Director, The Union SEA
3.55-4.45 PM	Health Care Professional's Empowerment in Tobacco cessation delivery- Lifestyle Modification approach	 Dr Abhishek Ghosh POIMER Chandigarh
4.45-5.25 PM	Group activity Followed by Q A session	 Dr Arpit Gupta POIMER Chandigarh
5.25-5.30 PM	Vote of thanks	 Mr Rajeev POIMER Chandigarh

**MODERATOR**  
 Dr Shalini P.  
Director, Information Technology, Communications, ISLM

Organised by:  
Strategic Institute for Public Health Education & Research (SIPMER), E-POC Post Graduate Institute of Medical Education and Research, Chandigarh and Indian Society of Lifestyle Medicine (ISLM)

Registrations Open |  
[www.ITindustries.live/islm2022/register](http://www.ITindustries.live/islm2022/register)



**2:30 PM - 4:30 PM IST**  
**4 NOVEMBER**

### 3RD INTERNATIONAL CONFERENCE ISLM 2022

**What is motivational interviewing?**  
Motivational interviewing is a collaborative conversation style for strengthening a person's own motivation and commitment to change

**Why motivational interviewing for lifestyle medicine specialists?**  
Lifestyle medicine involves communications about change, and motivational interviewing is an evidence based method to help people change their behaviours.


**WORKSHOP TOPIC**  
**MOTIVATIONAL INTERVIEWING IN HEALTHCARE**  
(for Lifestyle Medicine Specialists)

Activity	Duration	Lead/facilitator
Introduction	5 minutes	Prof Shekhar & Dr Anjali
Didactic: Introduction to principles of MI	20 minutes	Dr Lekhansh
Quiz (Focus: Communication styles)	15 minutes	Dr Lekhansh
Role play (Focus: Perils of directive communication) followed by reflections and discussion	15 minutes	Prof Shekhar
Didactic: Processes and Skills of MI	20 minutes	Dr Lekhansh
Quiz (Focus: MI Skills)	20 minutes	Dr Lekhansh
Role play (Focus: Engagement using MI Skills) followed by reflections and discussion	15 minutes	Prof Shekhar
Questions and reflections	10 minutes	Prof Shekhar & Dr Anjali


**Workshop Date & Time: November 4th 2022, 2:30 PM till 4:30 PM (IST)**

**Mode of Delivery : Live Online Virtual Workshop**


**Who Should Attend:** Physicians/Healthcare professionals who want to help their patients to make sustained Lifestyle Modifications



**SPEAKER**  
**Prof Shekhar Seshadri**  
Former Senior Professor and Head, Dept. of Child & Adolescent Psychiatry, Former Dean, Behavioural Sciences, Former Director, NIMHANS, Advisor, SAMVAD



**SPEAKER**  
**Dr Lekhansh Shukla**  
Assistant Professor, Centre for Addiction Medicine, Department of Psychiatry, NIMHANS, Bangalore



**MODERATOR**  
**Dr Anjali Nakra**  
MBBS, D.O. Certified Lifestyle Medicine Physician (ILM), Certified Motivational Interviewing, Mind Body Medicine (USA), Certified World Obesity Federation, Secretary, Indian Society of Lifestyle Medicine.

Knowledge Partner  
**SRI RAMACHANDRA**  
INSTITUTE OF PUBLIC HEALTH EDUCATION AND RESEARCH  
(Deemed to be University)

Registrations Open  
[www.ITindustries.live/islm2022/register](http://www.ITindustries.live/islm2022/register)



**4:30 PM - 7:00 PM IST**  
**4 NOVEMBER**

### 3RD INTERNATIONAL CONFERENCE ISLM 2022

**WORKSHOP TOPIC**  
**Lifestyle Medicine Group Interventions**

**Key rationale:** To achieve optimal health, patients require a team-based approach, sufficient time with providers and education



**CHIEF ENABLER**  
**Dr. Beth Frates**  
MD, FACLM, DipABLM, President-Elect American College of Lifestyle Medicine, Director of Lifestyle Medicine and Wellness, Department of Surgery, Massachusetts General Hospital



**EXPERT PANELIST**  
**Dr. Mahima Gulati**  
M.D., M.Sc. (Clinical Investigation), E.C.N.U., F.A.C.E., Dip A.B.L.M., F.A.C.L.M. Associate Professor, Middlesex Health Multispecialty Endocrinology



**MODERATOR**  
**Dr. Ravi Modali**  
MBBS (KEMH, Mumbai), M. Phil (BITS, Pilani), DipIBLM (USA), Digital Medicine (NODE.HEALTH), Certificate Medical Informatics (BI, India), Exec Board Member (ISLM), Clinical Strategist (Knowrture Health Solutions), Lead Trainer (Telemedicine Society of India)

**Learning objectives during the workshop**

- Review the history of Group Interventions
- Research and impact of Lifestyle Medicine Group Intervention
- Describe the Strategic operations & resources for creating and facilitating group visit
- Identify the coaching/counseling elements & tools that empower patients during group visits

**Workshop Date & Time: November 4th 2022, 4:30 PM till 7:00 PM (IST)**

**Mode of Delivering the Workshop : Live online virtual workshop**  
**Eligibility : Licensed Physicians, Healthcare Professionals**

The Indian Society of Lifestyle Medicine is conducting a live online virtual pre-conference workshop under the theme 'Lifestyle Medicine Group Interventions' with world-class leaders on 4th Nov 2022, 4:30 PM to 7 PM (IST). Please get yourself registered at

**[www.ITindustries.live/islm2022/register](http://www.ITindustries.live/islm2022/register)**

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HALL 1

DAY 1 : 5TH NOV 2022 (SATURDAY)

SCHEDULE	TOPIC	SPEAKER / MODERATOR
08:30 AM		<b>Health Minister Inaugural Address</b>
9 - 10 AM	<b>Psychological Wellbeing</b>	<p><b>Dr. Shekhar Seshadri</b> – Former Senior Professor, Department of Child and Adolescent Psychiatry, NIMHANS</p> <p><b>Dr. Erica Frank</b> – Professor, University of British Columbia Faculty of Medicine, Canada</p> <p><b>Chair - Dr. Sivaneswaran Poobalasingam</b> – MD Dip IBLM Founder and President, Malaysian Society of Lifestyle Medicine</p> <p><b>Co chair - Dr. Priyanka Udawat</b> – Pediatric Gastroenterologist, Hepatologist &amp; Liver Transplant Physician, Endoscopist , Digestive Wellness Consultant for all age groups, SRCC Children Hospital, Narayana Hrudaylaya, Mumbai</p>
10 - 10:15 AM	<b>The Presidential Address</b>	<p><b>Dr. Sheela Nambiar</b> - MD, OBGYN President - Indian Society of Lifestyle Medicine Lifestyle Medicine Physician BSLM Fitness Consultant NAFC</p>
10:15 - 10:45 AM		<b>Abstracts</b>
10:45 - 11:45 AM	<b>The power of positive psychology in Lifestyle Medicine</b>	<p><b>Dr. Liana Lianov</b> – Founder and President, Global Positive Health institute, Berkeley California</p> <p><b>Mr. Simon Matthews</b> – CEO of Wellcoaches, Australia</p> <p><b>Chair - Dr. Shagufta Feroz</b> – Founder President Pakistan Society of Lifestyle Medicine</p> <p><b>Chair - Dr. Mathangi</b> – HOD, Department of Mind body Medicine, SRMC</p> <p><b>Co-chair Dr. Anjali Nakra</b> – MBBS, D O, Certified Lifestyle Medicine Physician (IBLM), Certificate Motivational Interviewing, Mind body Medicine (USA), Certified World Obesity Federation, Secretary, Indian Society of Lifestyle Medicine,</p>
11:45 AM - 12:45 PM	<b>Movement for Health</b>	<p><b>Dr. Raj Kumar Yadav</b> – Professor, Dept of Physiology, AIIMS (Delhi)</p> <p><b>Dr. Hanjabam Barun Sharma</b> – Ast Professor, Dept of Physiology, BHU Founding President, Indian Society of Sports and Exercise Medicine</p> <p><b>Chair - Dr. Thiagarajan</b> – Head, Department of Sports Medicine, SRMC</p> <p><b>Co-chair - Col. (Dr.) Yatendra Kumar Yadav</b> – Sports Medicine and Lifestyle Medicine Physician</p>

HALL 1

DAY 1 : 5TH NOV 2022 (SATURDAY)

SCHEDULE	TOPIC	SPEAKER / MODERATOR
12:45 PM - 1 PM	<b>Networking - Importance of Strength Training in a Fitness Regime</b>	
1 - 2 PM	<b>Lunch</b>	
2 - 3 PM	<b>Panorama of Lifestyle Medicine</b>	<b>Dr. Rob Lawson</b> - President, European Lifestyle Medicine Council and Vice President Mediterranean Lifestyle Medicine
3 - 4 PM	<b>Addressing Global Health Disparities in Lifestyle Medicine</b>	<b>Prof. Edward Kunonga</b> - Director Population Health Management & Public Health Consultant, UK <b>Dr. Saleh Al Rajhi</b> - Obesity, Family, and Lifestyle medicine consultant Head of epidemiology, public health, and population health management research department, King Fahad medical city, health cluster 2, Riyadh, Saudi Arabia. <b>Chair - Dr. Samia Latif</b> - Consultant Communicable Disease Control, UK Health Security agency <b>Chair - Dr N Margaret Ezinwa</b> - Medical Director & Assistant Professor, Loma Linda University <b>Co-chair - Dr Rabbanie Tariq</b> - Consultant, Public Health & Preventive Medicine; Joint Secretary, Indian Society of Lifestyle Medicine
4:30 - 5:30 PM	<b>Abstracts</b>	
5:30 - 6:30 PM	<b>Lifestyle in Endocrinology</b>	<b>Dr. Mahima Gulati</b> - Medical Director, Lifestyle Medicine Program, Middlesex Health, Middletown, USA <b>Dr. Shashank Joshi</b> - Endocrinologist and Diabetologist, Lilawati Hosp and Research Center, Mumbai <b>Chair - Dr. A. Ramachandran</b> - President, India Diabetes Research Foundation <b>Co - chair - Dr. Sakthivel Subramaniam</b> - Consultant Endocrinologist and LM physician, The Hormone Clinic, Trichy India
6:30 - 7 PM	<b>Abstracts</b>	

HALL 2

DAY 1 : 5TH NOV 2022 (SATURDAY)

SCHEDULE	TOPIC	SPEAKER / MODERATOR
8:30 AM		<b>Health Minister Inaugural Address</b>
10 - 10:15 AM	<b>The Presidential Address</b>	<b>Dr. Sheela Nambiar</b> - MD, OBGYN President - Indian Society of Lifestyle Medicine Lifestyle Medicine Physician BSLM Fitness Consultant NAFC
10:15 - 10:45 AM		<b>Abstracts</b>
10:45 - 11:45 AM	<b>Lifestyle &amp; Health Promotion</b>	<b>Dr. Ravinder Mamtani</b> - Professor of Population Health Sciences in Weill Cornell Medical College, NY, USA <b>Dr. Atreyi Ganguli</b> - National Professional Officer- WHO Country Office for India <b>Chair - Dr. Harivansh Chopra</b> - President National IAPSM <b>Co- chair - Dr. Sheela Nambiar</b> - President, Indian Society of Lifestyle Medicine <b>Co- chair - Dr. Rabbanie Tariq</b> - Joint Secretary, Indian Society of Lifestyle Medicine
11:45 AM - 12:45 PM	<b>Gut health and Nutrition</b>	<b>Dr. Shireen Kassam</b> - Consultant Haematologist, Certified LM Physicican and visiting professor plant based nutrition <b>Dr. Neerja Hajela</b> - Head Science and Regulatory Affairs, Yakult Danone India <b>Chair - Dr. Mechelle Palma</b> - President, Philippine College of Lifestyle Medicine Founding Director, Lifestyle Medicine Solutions Co. <b>Co - chair - Dr. Anjali Nakra</b> - MBBS, D O, Certified Lifestyle Medicine Physician (IBLM), Certificate Motivational Interviewing, Mind body Medicine (USA), Certified World Obesity Federation, Secretary, Indian Society of Lifestyle Medicine,
12:45 - 1 PM		<b>Networking - Food as Medicine</b>
1 - 2 PM		<b>Lunch</b>
2 - 3 PM	<b>Panorama of Lifestyle Medicine</b>	<b>Dr. Rob Lawson</b> - President, European Lifestyle Medicine Council and Vice President Mediterranean Lifestyle Medicine

HALL 2

DAY 1 : 5TH NOV 2022 (SATURDAY)

Lifestyle Medicine : Redefining Healthcare

5TH & 6TH NOVEMBER, 2022

SCHEDULE	TOPIC	SPEAKER / MODERATOR
3 - 4:30 PM	Metabolic health	<p><b>Dr. Naval Kishore Vikram</b> – Professor, Department of Medicine, AIIMS (Delhi)</p> <p><b>Dr. Shiv Sarin</b> – Sr Professor, Vice Chancellor ILBS, Padma Bhushan, Delhi</p> <p><b>Dr. Brij Mohan Makkar</b> – Senior Diabetologist and Obesity Specialist, President, RSSDI, Delhi</p> <p><b>Chair - Dr. Meena Chhabra</b> – President, RSSDI Delhi Chapter</p> <p><b>Chair - Dr. Vivek Raj</b> – Principal Director and Head of Dept of Center for Gastroenterology, Hepatology and Endoscopy at Max Super-specialty Hospital, Saket</p> <p><b>Co-chair - Dr. Khalid Kader</b> – LM Physician</p>
4:30 - 5:30 PM	Panel Discussion - Future forward in Lifestyle Medicine	<p><b>Dr. Ifeoma Monye</b> - President, Society of Lifestyle Medicine of Nigeria</p> <p><b>Dr. Alicja Baska</b> - Executive Director, Polish Society of Lifestyle Medicine</p> <p><b>Ms. Agnese Iapsa</b> - Executive Director, Lifestyle Medicine Global Alliance</p> <p><b>Ms. Susan Benigas</b> - Executive Director, American College of Lifestyle Medicine</p> <p><b>Dr. Sheela Nambiar</b> – President, Indian Society of Lifestyle Medicine</p> <p><b>Dr. Rabbanie Tariq</b> – Joint Secretary, Indian Society of Lifestyle Medicine</p>
5:30 - 6:30 PM	Panel Discussion - LM across ages	<p><b>Dr. Meera Raghavan</b> - Urogynaecologist, LM Physician, Chennai</p> <p><b>Dr. Murthy Gokula</b> - Board Certified in Family Medicine, Geriatrics and Life Style Medicine ( USA) Founder and CEO CONCIERGE CONNECTED CARE, Clinical Associate Professor, Department of Family Medicine, University of Toledo, Ohio, USA</p> <p><b>Dr. Arun Kalyanasundaram</b> - Interventional Cardiologist, Chennai</p> <p><b>Dr. Anju Virmani</b> - Senior Consultant Endocrinologist &amp; Pediatric Endocrinologist, Max Saket, Pentamed &amp; Rainbow Hospitals, Delhi.</p> <p><b>Moderator - Dr. Anjali Nakra</b> – MBBS, D O, Certified Lifestyle Medicine Physician (IBLM), Certificate Motivational Interviewing, Mind body Medicine (USA), Certified World Obesity Federation, Secretary, Indian Society of Lifestyle Medicine,</p>
6:30 - 7 PM		Abstracts



HALL 1

DAY 2 : 6TH NOV 2022 (SUNDAY)

SCHEDULE	TOPIC	SPEAKER / MODERATOR
9 - 9:30 AM	Functional exercise	<b>Dr. Sheela Nambiar</b> – President, Indian Society of Lifestyle Medicine
9:45 - 10:45 AM	Corporate Health Programs	<b>Dr. Ravi Modali</b> – MBBS (KEMH, Mumbai), M. Phil (BITS, Pilani), DipIBLM (USA), Digital Medicine (NODE.HEALTH), Certificate Medical Informatics (BII, India) Exec Board Member (ISLM), Clinical Strategist (Knowwurture Health Solutions), Lead Trainer (Telemedicine Society of India) <b>Dr. Rajeena Shahin</b> – Director, Alliance, Advocacy and Membership, Indian Society of Lifestyle Medicine <b>Mr. Lalit Baveja</b> – Principal and Senior Healthcare Management Consultant
10:45 - 11 AM	Abstracts	
11 - 11:30 AM	Dietary influence and Cancer	<b>Dr. Neal Barnard</b> – Founding President Physician Committee for Responsible Medicine, USA
11:30 - 11:45 AM	Break/ Networking - Stress	
11:45 - 12:45 PM	Health technology and lifestyle medicine	<b>Dr. Suptendra Nath Sarbadhikari</b> – Professor and Head, Dept of Digital research, Santiniketan Medical College and global expert, Roster for Digital Health, WHO <b>Dr. Hardik J Pandya</b> -Assistant Professor, Department of Electronic Systems, IISc, bangalore <b>Chair - Dr. Ravi Modali</b> – MBBS (KEMH, Mumbai), M. Phil (BITS, Pilani), DipIBLM (USA), Digital Medicine (NODE.HEALTH), Certificate Medical Informatics (BII, India) Exec Board Member (ISLM), Clinical Strategist (Knowwurture Health Solutions), Lead Trainer (Telemedicine Society of India) <b>Co-chair - Dr. Rajeena Shahin</b> – Director, Alliance, Advocacy and Membership, Indian Society of Lifestyle Medicine

HALL 1

DAY 2 : 6TH NOV 2022 (SUNDAY)

SCHEDULE	TOPIC	SPEAKER / MODERATOR
12:45 - 1:15 PM		<b>Abstracts</b>
1:15 - 2 PM		<b>Lunch</b>
2 - 3 PM	<b>Panel Discussion - Obesity and Nutrition</b>	<p><b>Ms. Sheryl Salis</b> – Founder-Nurture Health Solutions</p> <p><b>Dr. Neeta Deshpande</b> – Diabetologist and Bariatric Physician Prof, HOD Medicine, MM Dental College, Belgaum</p> <p><b>Dr. Shilpa Joshi</b> – Dietitian and Diabetes Educator, Mumbai</p> <p><b>Moderator - Ms. Sheela Krishnaswamy</b> – Nutrition and Wellness Consultant</p>
3 - 3:30 PM	<b>Culinary Session</b>	<p><b>Chef Neelima Sriram</b> – Vegan &amp; Plant Based Whole Food (PBWF) Food Consultant, Food Stylist, Chef, Educator</p>
3:30 - 4 PM		<b>Awards</b>
4 - 5 PM		<b>Networking - Implementing LM in Practice</b>
5 - 6 PM	<b>Key note</b>	<p><b>Dr. Beth Frates</b> – Trained physiatrist, health and wellness coach, award winning teacher, Harvard Medical School</p>

HALL 2

DAY 2 : 6TH NOV 2022 (SUNDAY)

SCHEDULE	TOPIC	SPEAKER / MODERATOR
9:45 - 10:45 AM	Using Labeling of packaged food stuff	<p><b>Dr. Rehab Faraj Al Ameri</b> – Founder and CEO of Beside Consultancy for Lifestyle Development and Quality Infrastructure Solutions</p> <p><b>Dr. Pradeep Aggarwal</b> – Additional Professor, Department of Community and Family Medicine, AIIMS Rishikesh</p> <p><b>Chair - Dr. Om Prakash Bera</b> India Country Coordinator, Cardiovascular Health Program, Global Health Advocacy Incubator</p> <p><b>Co-chair - Dr. Shalini P</b> Director, Information Technology, Communication, Networking &amp; Social Media, Indian Society of Lifestyle Medicine</p>
10:45 - 11 AM	Abstracts	
11 - 11:30 AM	Dietary influence and Cancer	<p><b>Dr. Neal Barnard</b> – Founding President Physician Committee for Responsible Medicine, USA</p>
11:30 - 11:45 AM	Break/ Networking - Sleep	
11:45 AM - 1 PM	Panel Discussion - Implementation of LM at population level	<p><b>Dr. Suneela Garg</b> – Prof of Excellence, Chair Program National Institute of Health and Family Welfare Co-PI, ASTRA</p> <p><b>Dr. Archisman Mohapatra</b> – Executive Director, GRID Council</p> <p><b>Dr. Jayesh Lele</b> – Secretary, Indian Medical Association</p> <p><b>Dr. Ritu Arora</b> – Dean , Maulana Azad Medical College, Delhi</p> <p><b>Moderator - Dr Rabbanie Tariq</b> – Consultant, Public Health &amp; Preventive Medicine; Joint Secretary, Indian Society of Lifestyle Medicine</p>

HALL 2

DAY 2 : 6TH NOV 2022 (SUNDAY)

SCHEDULE	TOPIC	SPEAKER / MODERATOR
1 - 2 PM		Lunch
2 - 3 PM	Child and Adolescent Health	<p><b>Dr. Rekha Harish</b> – Ex HOD Pediatrics GMC Jammu, Professor Pediatrics, HIMSR, Delhi</p> <p><b>Dr. Preeti Galagali</b> – Consultant Adolescent Physician and Medical Director, Bangalore Adolescent Care and Counselling Centre</p> <p><b>Chair - Dr. Rajesh Mehta</b> – MD FIAP, Former Regional Adviser-CAH, WHO SEARO, New Delhi</p> <p><b>Co-chair - Dr. Richa Lal</b> – Retd. Professor of Paediatric Surgery, Sanjay Gandhi Institute, Lucknow, LM Physician</p>
3 - 3:30 PM	Culinary Session	<p><b>Chef Neelima Sriram</b> – Vegan &amp; Plant Based Whole Food (PBWF) Food Consultant, Food Stylist, Chef, Educator</p>
4 - 5 PM	Influence of Lifestyle on Cardiac Health	<p><b>Dr. JSN Murthy</b> – Prof Emeritus, Department of Cardiology and former vice chancellor, Sri Ramchandra Medical College and Research Institute</p> <p><b>Dr. Rajendiran</b> – Interventional Cardiologist, Coimbatore</p> <p><b>Chair - Dr. Muralidharan Ramamurthy</b> – HOD, Department of Cardiology, SRMC and RI</p> <p><b>Chair - Dr. Koushik R. Reddy</b> – Certified Lifestyle Medicine Specialist, Board of Director and the Treasurer for the American College of Lifestyle Medicine</p> <p><b>Co-chair - Dr. Amirtha Ganesh</b> – HOD- Department of Cardiology, Mahatma Gandhi Medical college, Pondicherry</p>
5 - 6 PM	Key note	<p><b>Dr. Beth Frates</b> – Trained physiatrist, health and wellness coach, award winning teacher, Harvard Medical School</p>

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Dr. JSN Murthy



Dr. Koushik R. Reddy



Dr. Thiagarajan



Dr. Alicja Baska



Dr. Beth Frates



Dr. Erica Frank



Dr. Ifeoma Monye



Dr. Liana Lianov



Prof. Edward Kunonga



Dr. Mahima Gulati



Dr. Neal Barnard



Dr. Ravinder Mamtani



Dr. Rekha Harish



Dr. Mathangi



Dr. Mechelle Palma



Dr. Rehab Faraj Al Ameri



Dr. Rob Lawson



Dr. Saleh Al Rajhi



Dr. Samia Latif



Dr. Shagufta Feroz



Mr. Simon Matthews



Ms. Susan Benigas



Ms. Agnese lapsa



Dr. Anjali Nakra



Dr. Vivek Raj



Col. (Dr.) Yatendra Kumar Yadav



Dr. A. Ramachandran



Dr. Anju Virmani



Dr. Archisman Mohapatra



Dr. Arun Kalyanasundaram



Dr. Atreyi Ganguli



Dr. Brij M Makkar



Dr. Hanjabam Barun Sharma



Dr. Hardik J Pandya



Dr. Neerja Hajela



Dr. Neeta Deshpande



Chef Neelima Sriram



Dr. Anitha Reddy Kankar



Dr. Harivansh Chopra



Dr. Pradeep Aggarwal



Dr. Preeti Galagali



Dr. Rabbanie Tariq



Dr. Rajeena



Dr. Meera Raghavan



Dr. Rajendiran



Dr. Ravi Modali



Dr. Ritu Arora



Dr. Shashank Joshi



Dr. N Margaret Ezinwa



Dr. Sakthivel Subramaniam



Dr. Jayesh Lele



Dr. Sheela Nambiar



Dr. Shekhar Seshadri



Dr. Shilpa Joshi



Dr. Shireen Kassam



Dr. Suneela Garg



Dr. Suptendra N. Sarbadhikari



Dr. Lakshmi Sundar



Dr. Shalini P



Mr. Lalit Baveja



Dr. Shiv Sarin



Dr. Naval Kishore Vikram



Dr. Priyanka Udawat



Ms. Sheryl Salis



Dr. Khalid Kader



Ms. Sheela Krishnaswamy



Dr. Om Prakash Bera



Dr. Rajesh Mehta



Dr. Richa Lal



Dr. Muralidharan Ramamurthy



Dr. Amirtha Ganesh



Dr. Murthy Gokula